

7	class or blended	city	start date	dates of class	contact	fees	notes
				The American Red Cross is posting all updates to teaching and taking Red Cross classes on the new Red Cross Learning Center. The information is available to all. There is no requirement to log in to see these updates.			
Lifeguard Review	Classroom	Cedar Rapids	3/18	3/18	s.hampton@cedar-rapids.org	\$100 res/\$110 non-res	crrec.org
Lifeguard	Classroom	Cedar Rapids	3/24	3/24-3/26	s.hampton@cedar-rapids.org	\$150 res/\$160 non-res	crrec.org
Lifeguard	Blended	Iowa City	March 24	3/24/23 - 3/26/23	Kate Connell - KConnell@iowa-city.org	\$180	www.ICgov.org/PR
Lifeguard Review	Classroom	Cedar Rapids	4/8	4/8	s.hampton@cedar-rapids.org	\$100 res/\$110 non-res	crrec.org
LGI	Classroom	Sioux Center	April 15	4/15/23 - 4/16/23	training4lifeiowa@gmail.com	\$300	
LGI/T Review	Classroom	Sioux Center	April 16	4/16/23	training4lifeiowa@gmail.com	\$100	basic lifeguard cert for an additional \$50
Lifeguard	Classroom	Cedar Rapids	4/21	4/21-4/23	s.hampton@cedar-rapids.org	\$150 res/\$160 non-res	crrec.org
Lifeguard	Blended	Iowa City	April 28	4/28/23 - 4/30/23	Kate Connell - KConnell@iowa-city.org	\$180	www.ICgov.org/PR
Lifeguard	Blended	North Liberty	April 28	4/28/23 - 4/30/23	Ashley Bjork – abjork@northlibertyiowa.org	\$165- residents / \$170 non-residents	https://northliberty.recdesk.com/Community/Program?category=24
Lifeguard Review	Classroom	Cedar Rapids	4/29	4/29	s.hampton@cedar-rapids.org	\$100 res/\$110 non-res	crrec.org
Lifeguard	Blended	Iowa City	May 5	5/5/23 - 5/7/23	Kate Connell - KConnell@iowa-city.org	\$180	www.ICgov.org/PR
Lifeguard	Classroom	Cedar Rapids	5/5	5/5-5/7	s.hampton@cedar-rapids.org	\$150 res/\$160 non-res	crrec.org
Lifeguard	Classroom	Cedar Rapids	5/19	5/19-5/21	s.hampton@cedar-rapids.org	\$150 res/\$160 non-res	crrec.org
Lifeguard	Blended	North Liberty	May 19	5/19/23 - 5/21/23	Ashley Bjork – abjork@northlibertyiowa.org	\$165- residents / \$170 non-residents	https://northliberty.recdesk.com/Community/Program?category=24
Lifeguard Review	Classroom	Cedar Rapids	5/20	5/20	s.hampton@cedar-rapids.org	\$100 res/\$110 non-res	crrec.org
Lifeguard	Classroom	Cedar Rapids	6/2	6/2-6/4	s.hampton@cedar-rapids.org	\$150 res/\$160 non-res	crrec.org
Lifeguard Review	Classroom	Cedar Rapids	6/3	6/3	s.hampton@cedar-rapids.org	\$100 res/\$110 non-res	crrec.org